	WEEK ONE	WEEK TWO	WEEK THREE
Monday	Meatballs – Plain Spicy Tomato Sauce for Meatballs Vegetable Pastie Broccoli Sweetcorn Pasta Spirals Sunflower Seed Bread Fresh Fruit Vegetable Sticks Rice Pudding with Peaches Yoghurt	Quorn Sausages Sausages & Gravy Broccoli (Primary portion) Carrot & Swede Mash Mashed Potato Fresh Fruit Vegetable Sticks Chocolate & Orange Brownie Yoghurt	Beans Provençale Cheese and Tomato Pizza Cucumber Sticks Potato Twirlers Garlic Bread Fresh Fruit Vegetable Sticks Chocolate Muesli Krispie Yoghurt
Tuesday	Cottage Pie Vegetable Risotto Carrots Savoy Cabbage Herbie Bread Fresh Fruit Vegetable Sticks Swiss Bun Yoghurt	Chicken Fajitas Crumb Topped Vegetables Mixed Salad with Apple Potato Wedges Crusty White Bread Fresh Fruit Vegetable Sticks Lemon Drizzle Cake Yoghurt	Spaghetti Bolognaise Vegetable Bolognese Green Beans Sweetcorn Tomato Bread Fresh Fruit Vegetable Sticks Fresh Fruit Salad Yoghurt
Wednesday	Chicken Korma Stuffed Courgettes Cucumber Sticks Grated Carrots Brown Rice Naan Bread Fresh Fruit Vegetable Sticks Sultana Sponge & Custard	Roast Pork Apple Sauce Cauliflower Cheese Bake Broccoli Savoy Cabbage Roast Potatoes Fresh Fruit Vegetable Sticks Fresh Fruit Salad Yoghurt	Sweet and Sour Pork Vegetable Stir Fry & Noodles Cauliflower & Carrots Brown Rice Crusty White Bread Fresh Fruit Vegetable Sticks Fruits of the Forest Rolypoly Custard Yoghurt
Thursday	Beef Casserole Mixed Beans Yorkshire Puddings Broccoli Sweetcorn Roast Potatoes Wholemeal Bread Fresh Fruit Vegetable Sticks Fresh Fruit Salad Fruit Yoghurt	Beef Chilli Vegetable Pasta Sweetcorn Peas Brown Rice Sunflower Seed Bread Fresh Fruit Vegetable Sticks Banana Sponge Custard Yoghurt	Chicken Burger Vegetable Chilli Mixed Salad Brown Rice New Potatoes Pitta Bread Fresh Fruit Vegetable Sticks Apple & Sultana Crumble Custard Yoghurt
Friday	Fish Fingers Vegetable Lasagne Coleslaw Mixed Salad Chips Poppy Seed Bread Fresh Fruit Vegetable Sticks Strawberry Mousse Yoghurt	Breaded Fish Veggie Burger Broccoli & Carrots Potato Wedges Poppy Seed Bread Fresh Fruit Vegetable Sticks Fruit and Seeded Flapjack Yoghurt	Breaded Salmon Leek and Cheese Roll Peas Sweetcorn Chips Sunflower Seed Bread Fresh Fruit Vegetable Sticks Australian Crunch Yoghurt