



## PE Update



Western has used the direct funding from central government to utilise specialists in the teaching of PE. This has reinvigorated the curriculum, the children's opportunities and enjoyment has soared.

Year groups are taught various activities during longer PE sessions. Some of the activities have been taught by Total Sports, some by Enjoy a Ball (for the younger children) and others by class teachers. The activities have included football, multi-skills, parachute games, yoga, dance, basketball and gymnastics.

The quotes from the children tell only part of their learning journey.

"I love doing PE with Mr Sowerby outside because fresh air is good for us," Millie Fleet.



"My favourite thing about PE is doing multi skills and football," Jacob Garmston.



"PE is amazing, we get to do loads of fun sports," Max Haslam.

Our lunchtime reporters Sophie Ball, Sarah Grant and Ellie Craninx say:

"Outdoor sports are held every lunch time on a quarter of the playground; it is run by Total Sports. Every day there is a different sport, including: Dodge ball, Football, Hockey and Handball.

Total Sports do a variety of activities that work on improving our skills."

Freya Levine says, "It is awesome, the coaches pick great games."

Phoebe Hall Jones commented, "I really like sports and I come here nearly every day to play sports with my friends."



Western strives to be a healthy school and providing positive role models for our children is essential to our ethos.