

Western Primary School, in partnership with parents and carers, presents:

101 THINGS TO DO BEFORE YOU ARE 12!

1	Go sledging with friends	H	52	Go strawberry picking	H
2	Make a daisy chain	H/S	53	Go trampolining	H
3	Make a snow angel	H/S	54	Cook a meal	H
4	Play conkers	H	55	Play pooh sticks	H/S
5	Bake bread and eat it warm	S	56	Make and fly a paper plane	S
6	Camp in the back garden	H	57	Make hand and foot prints using paint.	S
7	Take part in a team event	S	58	Hand make Christmas cards	S
8	Visit a Museum.	S	59	Build a snowman	H/S
9	Swim in the sea	H	60	Catch snowflakes on your tongue	H/S
10	Collecting shells or fossils on the beach.	S	61	Eat something which you have grown	H/S
11	Make a journey in a canoe	S	62	See a new baby	H
12	Watch frog spawn turn into frogs.	H/S	63	Play in the park.	H/S
13	Watch sunrise and listen to dawn chorus.	H	64	Sit in the shade and listen to a story.	H/S
14	Climb a tree.	H	65	Watch a baby animal being born	H
15	Ride a bike without stabilizers.	H	66	Have a water fight on a hot day.	H
16	Swimming your first length.	H/S	67	Feed a baby	H
17	Do a handstand.	H/S	68	Walk through piles of dead leaves	H/S
18	Visit a castle	H/S	69	See eggs on a nest	H
19	See a live band or football match.	H	70	Go blackberrying or bilberrying	H
20	Go rock pooling	H/S	71	Earn money	H
21	Climb a high climbing wall.	S	72	Help some elderly people	S
22	Build a den or shelter.	S	73	Splash in puddles	H/S
23	Play an instrument.	S	74	Look under stones or logs for insects	S
24	Raise money for charity	S	75	Make a school year book	S
25	Cook a meal outside	H/S	76	Ride on a donkey/horse	H
26	Swim underwater	H/S	77	Build a sandcastle	H/S
27	Learn to play chess.	H/S	78	Ride on a steam train	H
28	Talk about a special object	S	79	Visit the theatre	S
29	Use a zip wire	H/S	80	Make breakfast in bed for mum and dad	H
30	Ride on a train	H/S	81	Travel to a place independently	H
31	Ride on an open top bus	H	82	Do a good deed for a neighbour	H/S
32	Go to London	H	83	Enjoy different types of weather	S
33	Visit a zoo	H/S	84	Swing over a stream or river on a rope	S
34	Visit a farm	H/S	85	Roam free	H
35	Help care for animals	H/S	86	Pick fruit and make a pie	H
36	Have a surprise event for a child.	H/S	87	Sail across a stretch of water	S
37	Feed the ducks	H/S	88	Roll down a grassy hill	H/S
38	Go to see a musical	H/S	89	Get buried in dead leaves	H/S
39	Climb a mountain or big hill	H/S	90	Go for a midnight walk	H
40	Build a go-cart	H	91	See the moon through a telescope	H/S
41	Fly a kite	H/S	92	Run through the waves on a beach	H/S
42	Dig a big hole	H/S	93	Write a letter and receive a reply	S
43	See a shooting star	H	94	Lie on your back and watch the clouds	H/S
44	Receive a standing ovation	S	95	Walk in a river	S
45	Grow your own plant	S	96	Make something out of clay	S
46	Go underground	H/S	97	Run across a huge field	S
47	Look after a living thing	S	98	Build a tower bigger than yourself	S
48	Sit around a campfire at night	H/S	99	Watch a thunderstorm	H
49	See a firework display	H	100	Laugh uncontrollably	H/S
50	Make a model	S	101	Have a snowball fight	H
51	Get really muddy	H/S			

Rationale

As adults, we all have memories from our childhoods. Some we may prefer to forget, but many are treasured memories of days or events which were special and which evoked powerful emotions such as joy, excitement, exhilaration and even fear. These events and associated memories go a long way towards shaping us as adults. In many cases they have played a part in the development of self esteem, the shaping of us as individuals and in providing motivation for literature, art, music, sport and other activities.

We believe that the experiences of childhood help to shape the person we become as an adult. With this in mind, it seemed to make sense to collate all the positive memories or experiences recalled by adults associated with Western School and incorporate them into our curriculum.

How it will work

The aim is that teachers and parents, working in partnership will try to ensure that all pupils passing through Western School will have had all these experiences before they are 12. Many will be incorporated into our curriculum; some will have to be done at home or during holidays.

The items in the list have been coded to indicate those which will be covered as a specific curriculum activity and those which will need covering at home.